

# Heat in Cities: What It Means for Human Health

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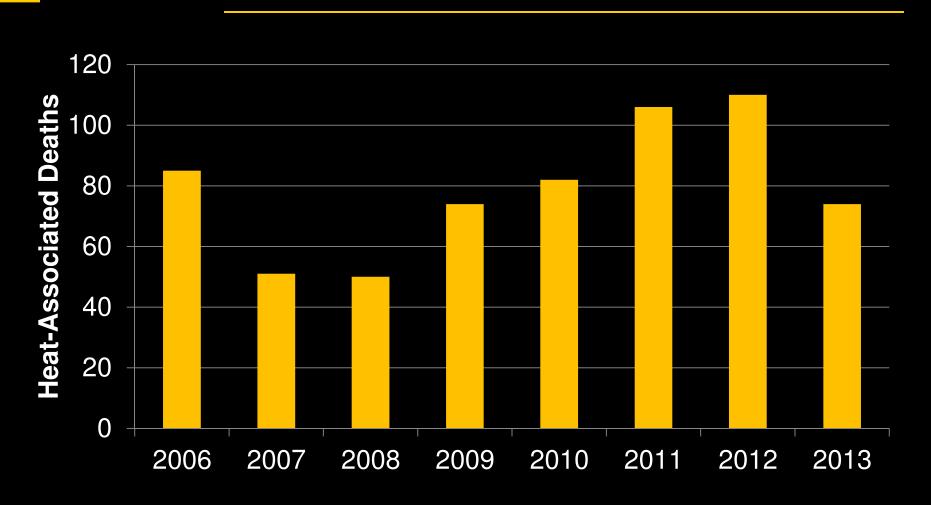
**DCDC/WET Education Workshop | Tempe | July 2015** 

## Heat

# Extreme Weather?



#### **Heat-health impacts in Maricopa County**







#### EXTREME HEAT EVENTS CAUSE A RANGE OF HEALTH PROBLEMS

Deaths

Require medical attention: emergency room/emergency medical services, physician office, clinic visit

Heat cramps, heat exhaustion, heat stroke

Mild symptoms, discomfort, subtle effects (e.g., skin eruptions, heat fatigue)

#### PROPORTION OF POPULATION AFFECTED

Extreme heat events cause health problems and can make other health problems worse. Mild effects are more common, but in extreme cases, people can die.<sup>7</sup>

Maricopa County 2008–2011

153 deaths

1,336 hospitalizations

5,247
ED visits



## Heat

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Water?



# The Arizona Republic A GANNETT COMPANY

## **12 News** &

#### Phoenix mayor calls for donations of bottled water



**Associated Press** 

Wed May 29, 2013 3:44 PM

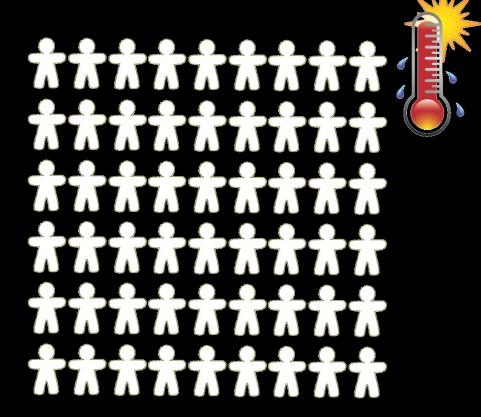
Phoenix Mayor Greg Stanton is calling on employers and individuals to donate bottled water to be given away to the homeless and others in need during the hot summer.

Stanton is renewing a so-called "call for water" that resulted in the city collecting and distributing more than 210,000 bottles of water last year.

According to Stanton's office, the donated water goes to the homeless, individuals with disabilities, homebound seniors and young people and families.

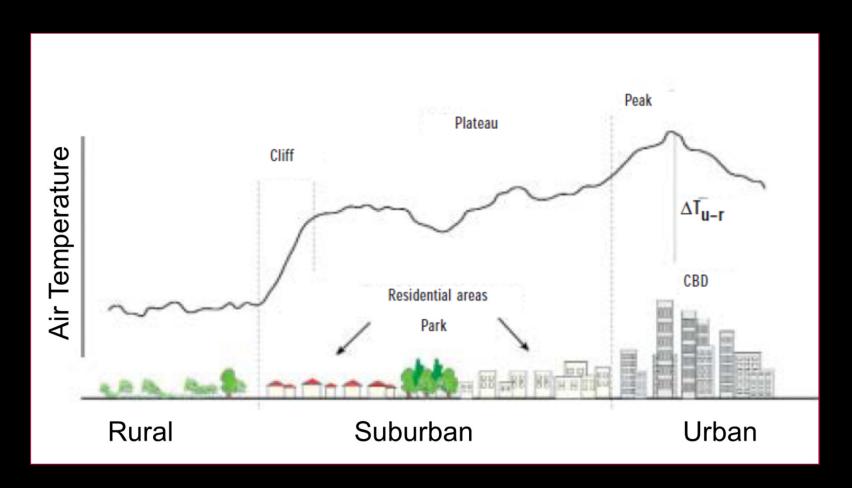


# Heat in cities



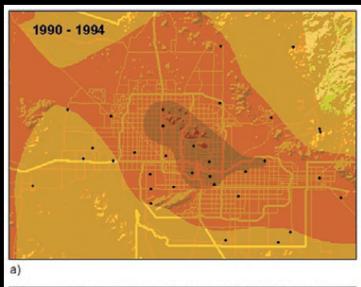


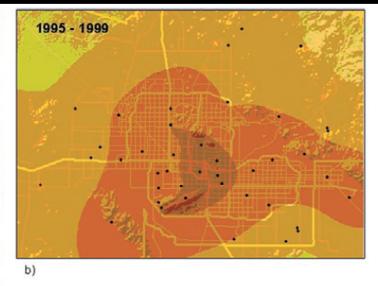
# Heat in cities

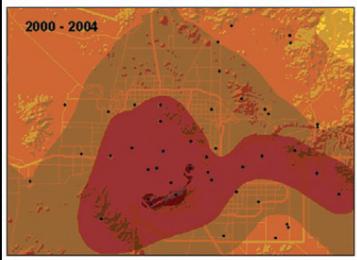


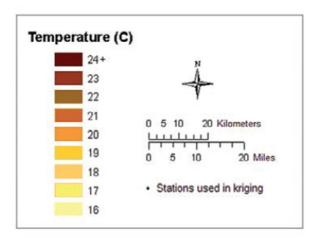


# Phoenix's UHI









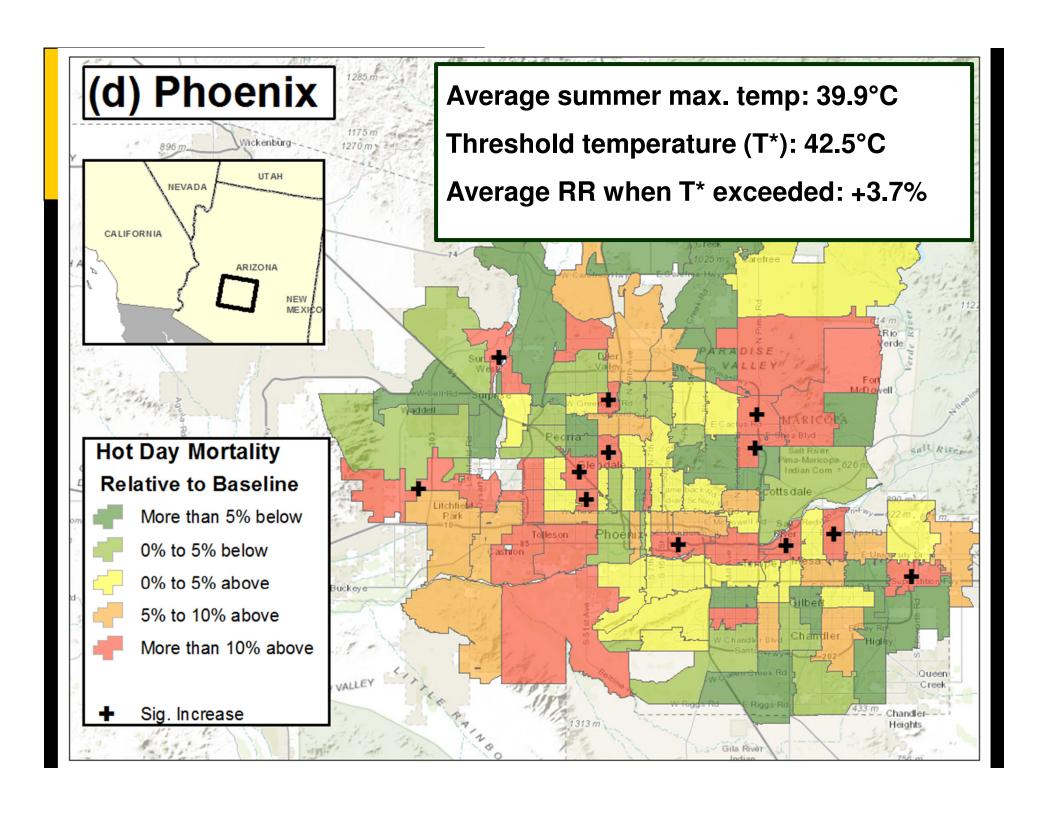


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#### Research Areas

- Spatial Analysis of Heat Impacts
- Individual Heat Exposure
- Urban Climate Modeling





#### (d) Phoenix



#### (+) Medium-intensity development

p<0.01, Adj. R<sup>2</sup> = 0.167

- (+) PC1: Low education, high poverty, high public assistance, high nonwhite
- (+) PC2: High living alone, mediumintensity development
- (-) PC4: High home values, high income, forest land cover

p<0.01, Adj. R<sup>2</sup> = 0.219

### Hot Day Mortality Relative to Baseline

- More than 5% below
- 0% to 5% below
- 0% to 5% above
- 5% to 10% above
- More than 10% above

♣ Sig. Increase

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## (Re)Defining Heat Exposure

**Activities** 

Behavior

Access to Resources

Outdoor Environment Individually Experienced Temperatures

> Health Outcomes



# What are your IETs today?



# Individually Experienced Temperatures (IETs)

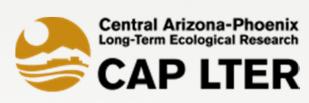






### **Measuring IETs in Phoenix**

5 neighborhoods 8 undergrad researchers 100+ iButtons 80 participants ~20 iButtons in homes ~15 iButtons in trees September 13-20, 2014 daily surveys exit interviews temperature sketch maps demographic surveys ethnographic field observations activity logs

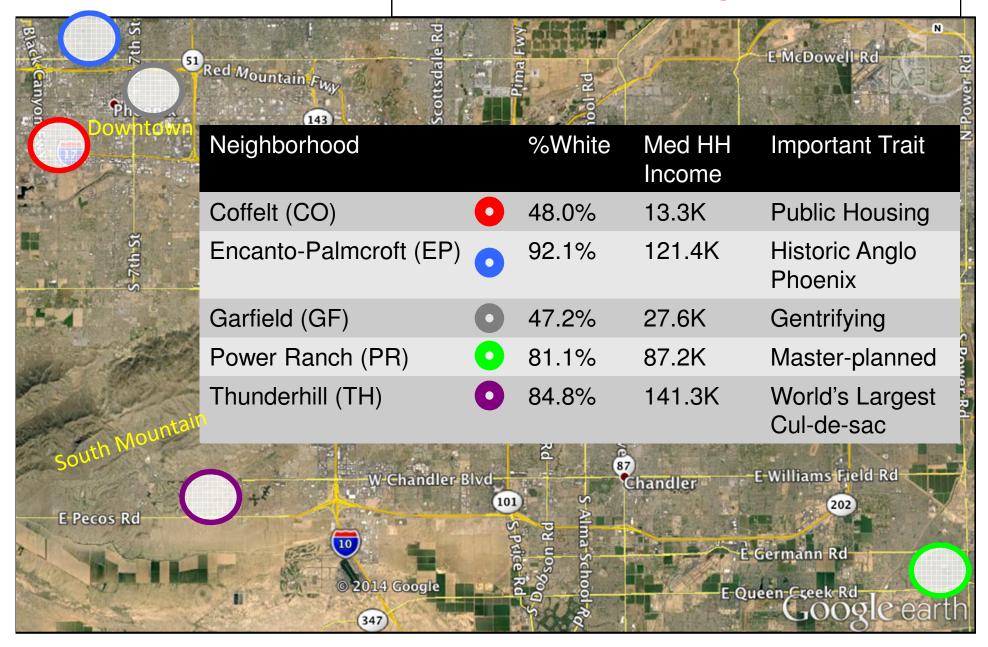






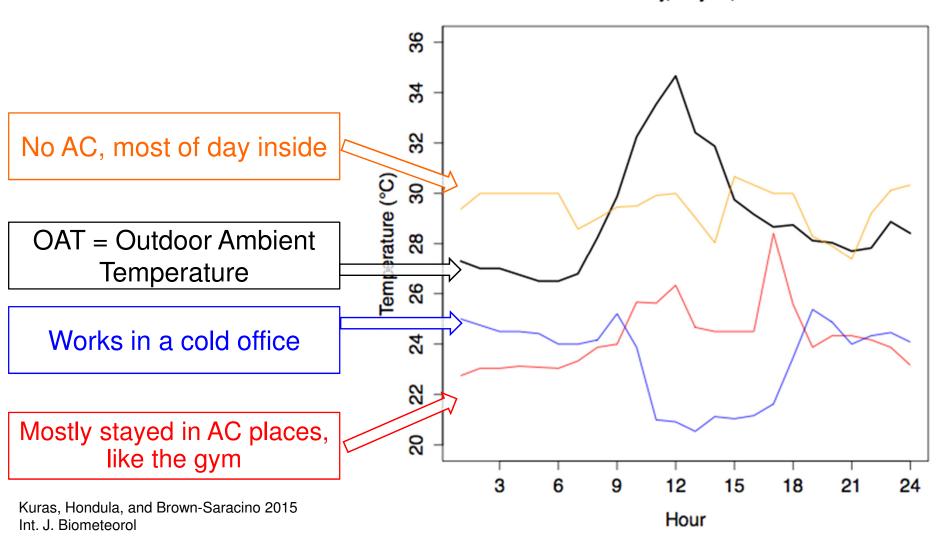


#### The Phoenix Neighborhoods

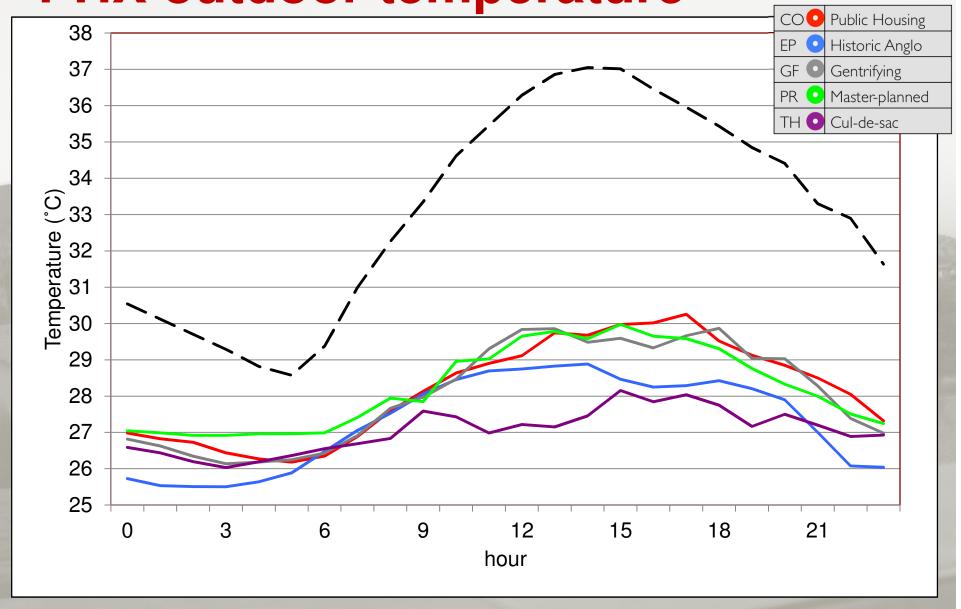


## Sample of IET data (Boston)

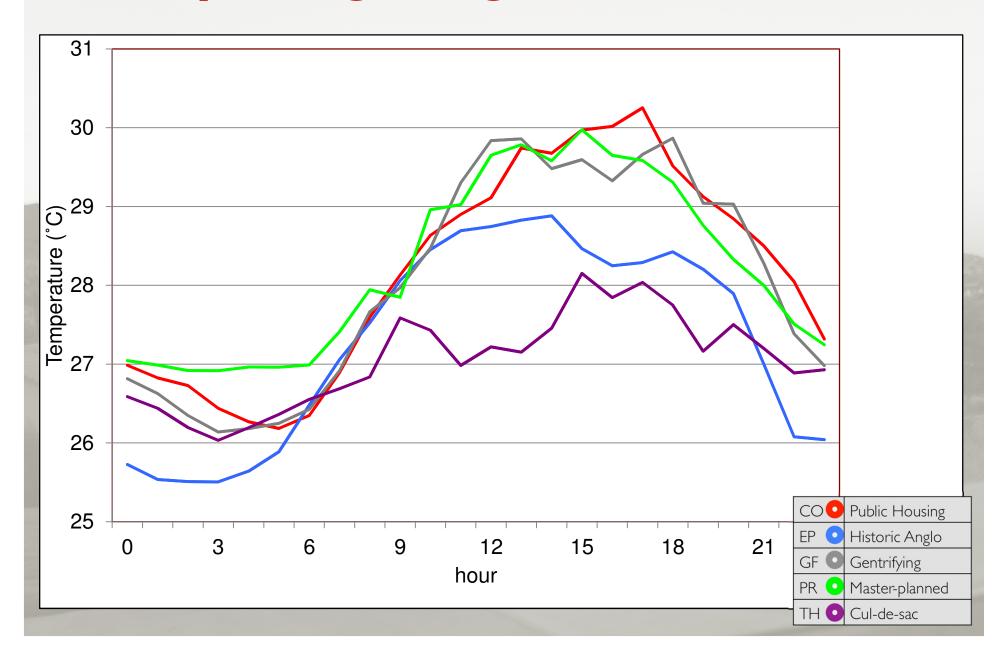
Thursday, July 18, 2013



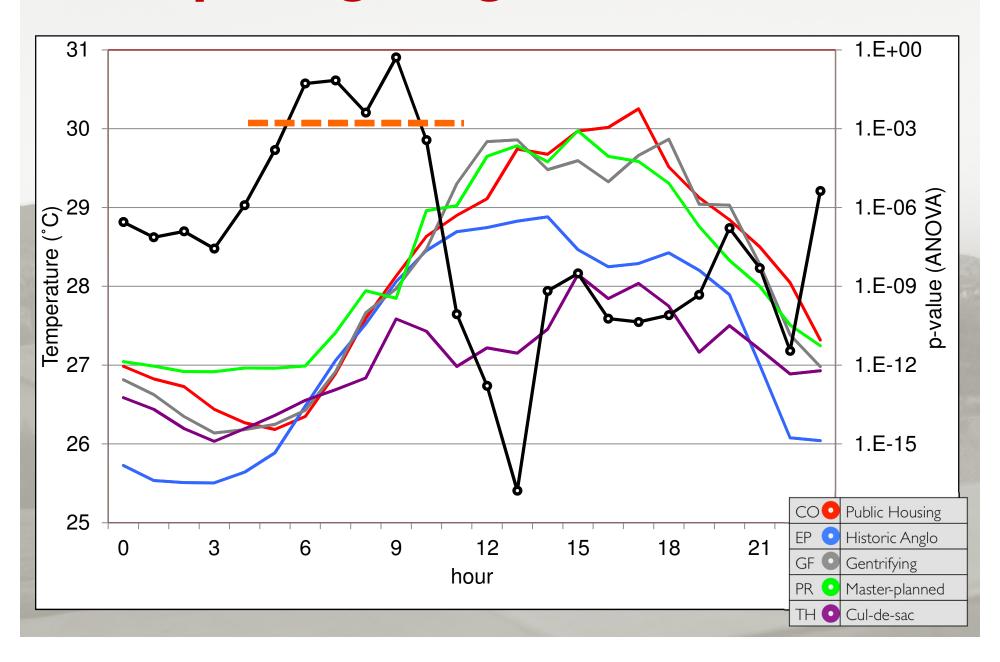
Neighborhood IETs vs. PHX outdoor temperature



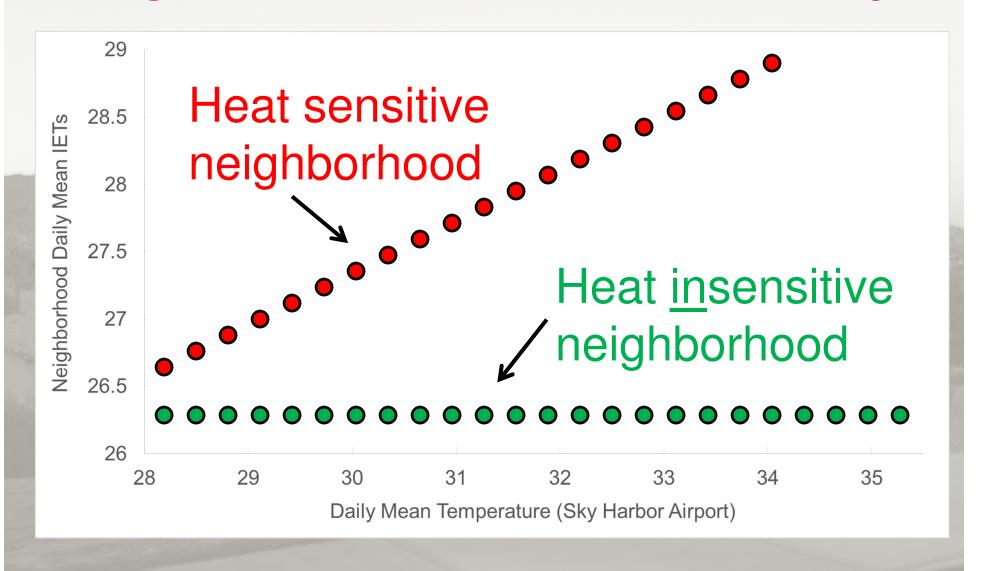
## Comparing neighborhood IETs



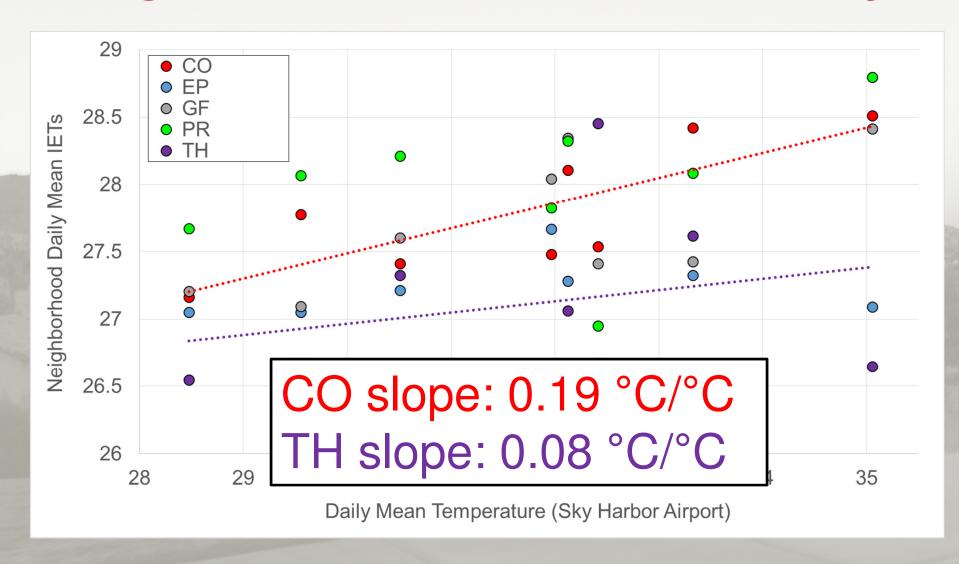
## Comparing neighborhood IETs



## **Neighborhood Heat Sensitivity**



## **Neighborhood Heat Sensitivity**

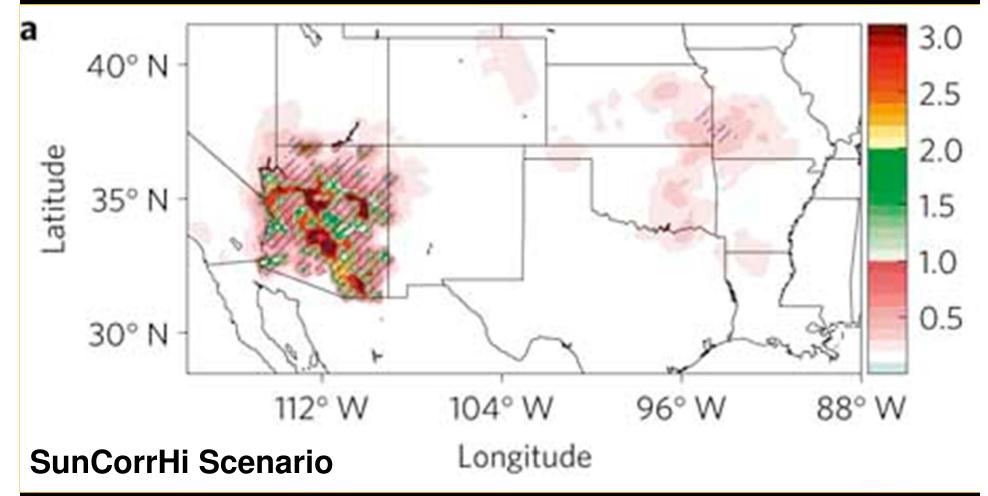


#### Research Areas

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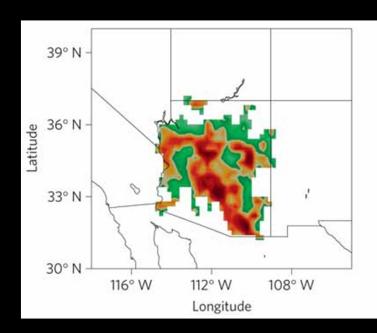


#### **Urbanization: A key climate forcing**

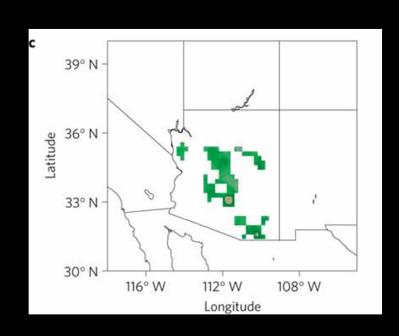




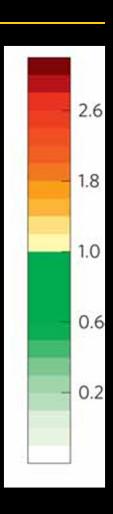
#### Urbanization: A key climate forcing



**SunCorrHi vs. B1 2040-2060** 

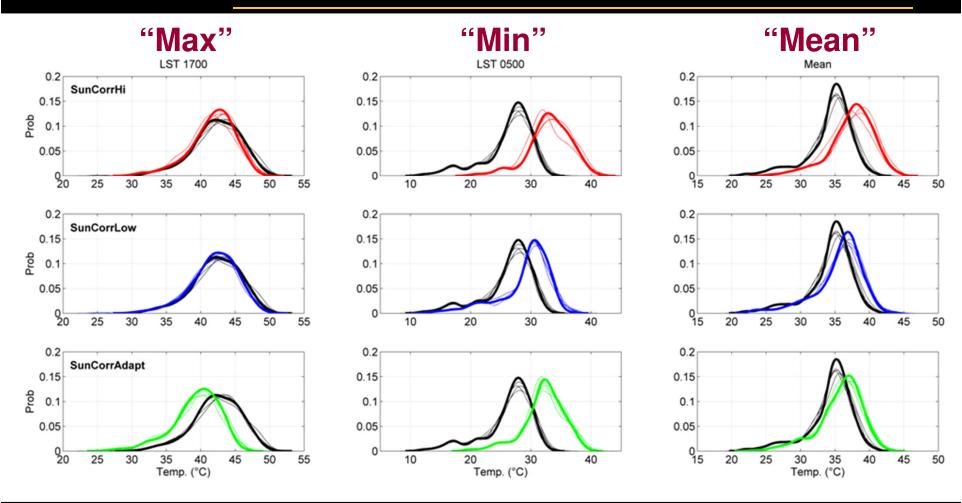


**SunCorrLow vs. A2 2040-2060** 



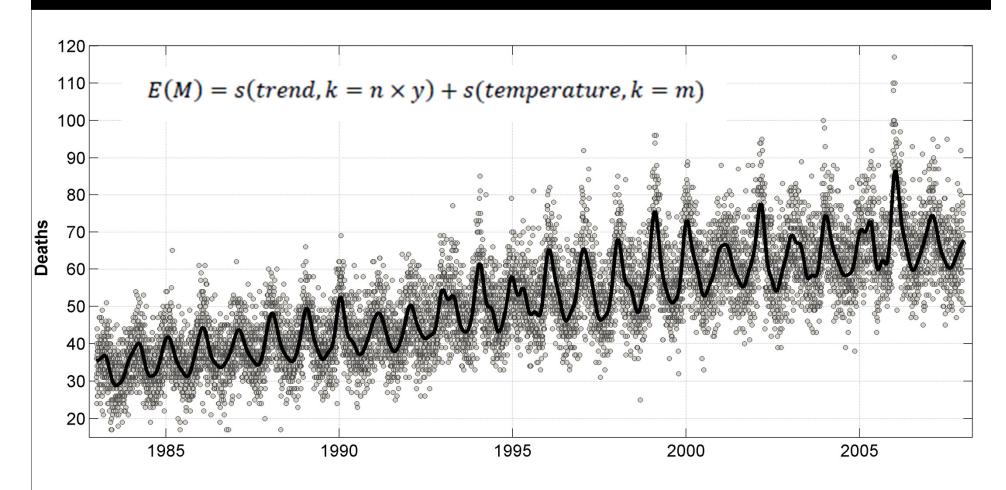


#### **Urbanization Effects on Temperature**



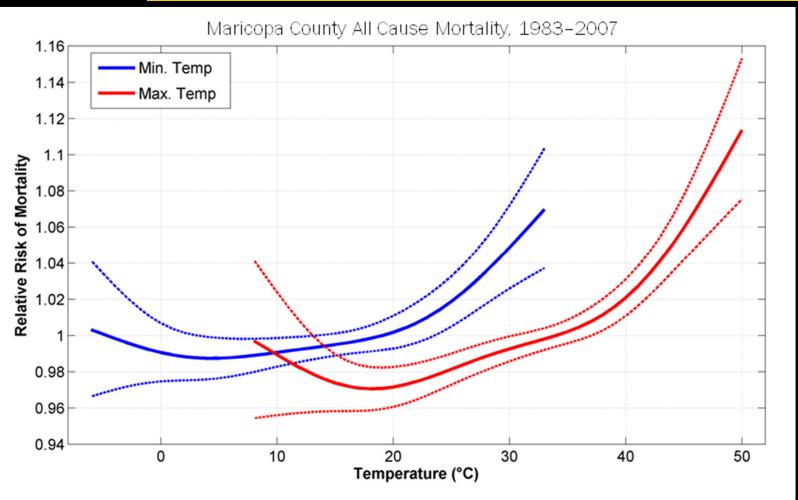


#### **Temperature-Mortality Model**



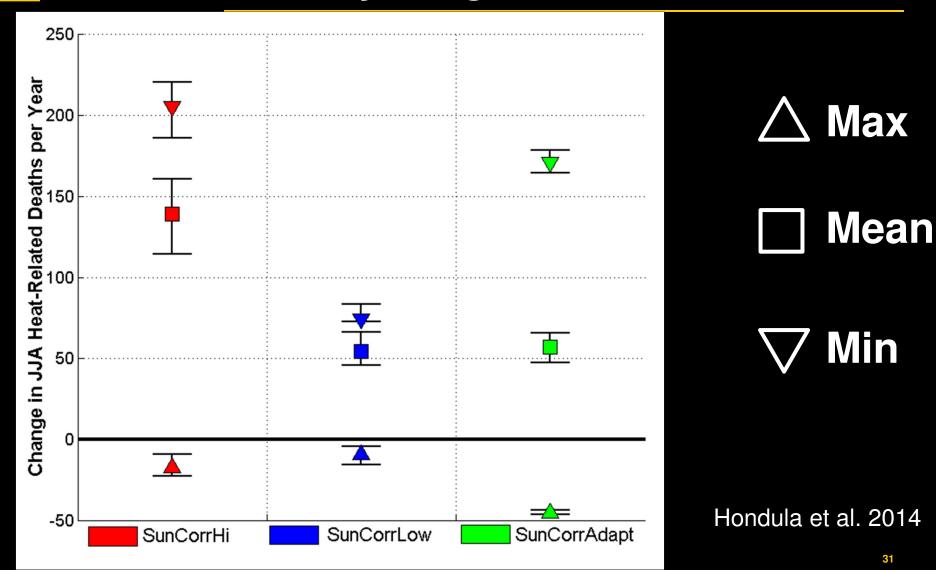


#### **Temperature-Mortality Model**





#### Projections of urbanization-induced heatrelated mortality for greater Phoenix



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# What are the solutions?



#### **Urban Greening**



City of Phoenix

#### Tree and Shade

Master Plan

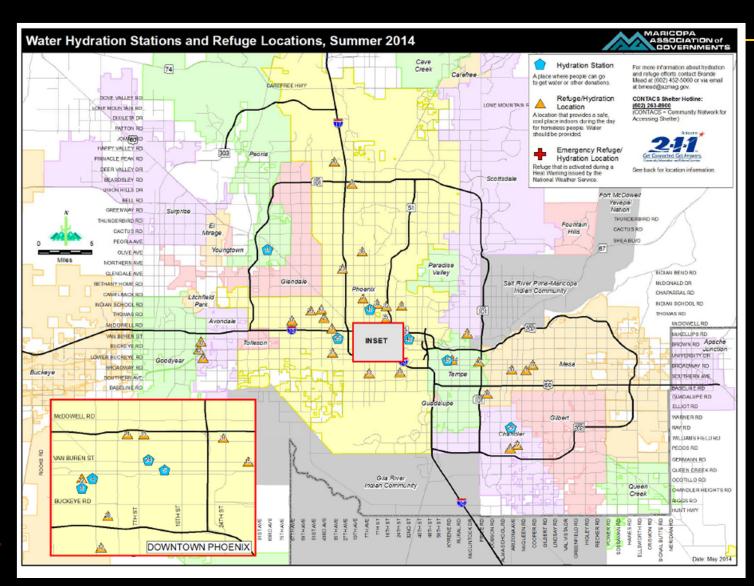




"An investment strategy for creating a healthier, more livable and prosperous Phoenix"

#### Phoenix Heat Relief Network







#### Heat Warnings



#### HAZARDOUS WEATHER CONDITIONS

Excessive Heat Watch in effect from July 23, 10:00 AM MST until July 24, 08:00 PM MST

#### **Current Conditions**

En Español

+ Share | ✓ M → f □









Mostly Cloudy 38°C

Humidity 17%

Wind Speed VRBL 3 MPH

Barometer 29.94 in (1011.6 mb)

Dewpoint 47°F (8°C)

Visibility 10.00 mi Heat Index 96°F (36°C)

Last Update on 22 Jul 10:51 am MST

Current conditions at

Phoenix, Phoenix Sky Harbor International Airport (KPHX)

Lat: 33.427799°N Lon: 112.003465°W Elev: 1115ft.

More Local Wx | 3 Day History | Mobile Weather

#### Phoenix AZ

7 Day Forecast

For More Weather Information:

#### Phoenix, AZ Local Forecast Office

THIS **AFTERNOON** 



Partly Sunny High: 109 °F

TONIGHT



Partly Cloudy Low: 87 °F

WEDNESDAY



Hot High: 112 °F

WEDNESDAY NIGHT



Partly Cloudy Low: 89 °F



THURSDAY

Hot High: 112 °F



THURSDAY

Partly Cloudy Low: 88 °F



**FRIDAY** 

Mostly Sunny High: 109 °F



Partly Cloudy Low: 86 °F

**FRIDAY** 

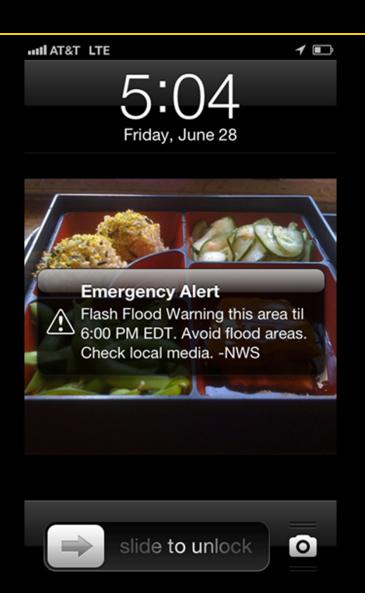
SATURDAY



Slight Chc Thunderstorms High: 106 °F

#### Wireless Emergency Alerts

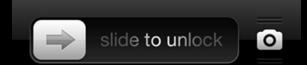


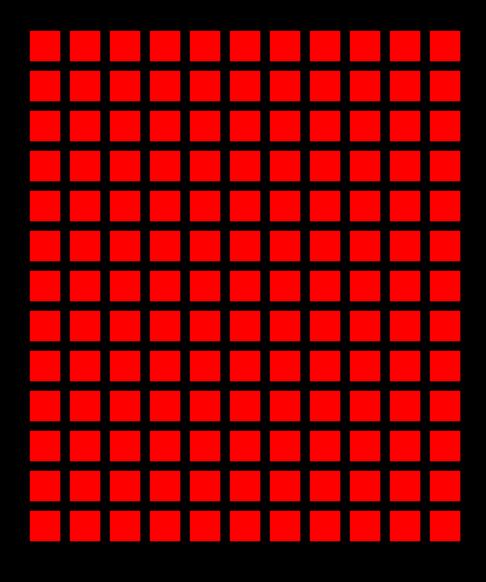




5:04 Friday, June 28





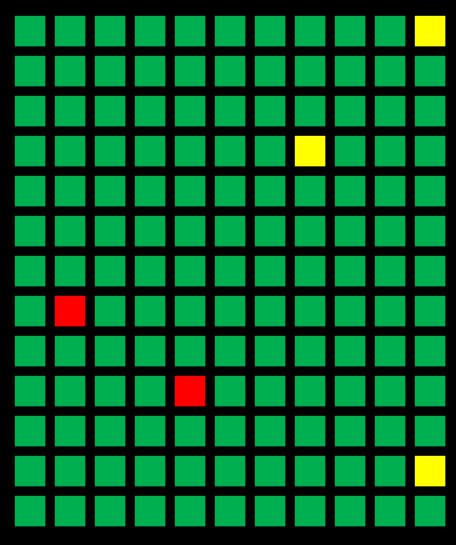




5:04
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